

# Global Learning Semesters

## Course Syllabus

Course: SPSC-403 Physical Education Practicum

Department: Liberal Arts

Host Institution: Intercollege, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
SPSC-403	Physical Education Practicum	3
Semester Offered	Contact Hours	Prerequisites
Please contact us	42-45	SPSC-140, SPSC-301 to SPSC-305
Department	Level of Course	Language of Instruction
Liberal Arts	Upper Division	English

### Course Description

This course aims to introduce the student to the practical considerations (form 8-10 weeks) of teaching physical education in a primary and/or secondary school environment, to provide the opportunity for the student to practice the theory learned in the pre-requisite subjects, and to allow the student to experience rewards in personal and professional growth through actual physical education teaching episodes and children contact. Through observation and practice the student will begin to gain an understanding of the skills required from a teacher. Students will improve their knowledge and develop higher order thinking skills designed to foster an effective teaching and learning based environment. Students will have the opportunity to develop their teaching skills through hands on weekly teaching experiences within local elementary/secondary schools.

### Prerequisites

SPSC-140, SPSC-301 to SPSC-305

### Topic Areas

1. Overview of school policies.
2. Physical education lessons procedures, facilities and resources.
3. Analysis and observation of a variety of teaching styles and classroom management techniques.
4. Plan, implement and evaluate units and lessons in accordance with the school curriculum, and refine (their own) teaching styles and classroom management techniques.
5. Design and deliver a complete physical education lesson.
6. Analysis and evaluation of the physical education units taught.
7. Preparation of a complete portfolio during the practicum.

### Learning Outcomes

Through participation in and completion of this course students will be able to:

1. Understand the central concepts, tools of inquiry, and structure of physical education, and create learning experiences that foster active inquiry, collaboration, and supportive interaction in the classroom, in the gymnasium, and on the playing field.
2. Understand how children learn, develop, and provide learning opportunities that support their cognitive, affective, and psychomotor/physical development.

3. Understand how children differ in their approaches to learning and creates instructional opportunities that are appropriate for physical education, and adapted to learners who are diverse in terms of cultural background, emotional maturity, cognitive ability, and physical capabilities.
4. Understand and use a variety of instructional strategies, including the use of technology, to encourage children's development of critical thinking and problem solving while engaging in gross motor activities.
5. Use knowledge of effective verbal and nonverbal communication and demonstration techniques, including technology as well as a variety of feedback practices, to foster a life-long interest in the pursuit of healthful life styles.
6. Utilize both short and long term planning for instruction based upon knowledge of subject matter, the students, the community, available resources, and curriculum goals.

#### Assessment

- Midterm practicum examination (20%), Final practicum examination (50%), coursework/essays/assignment (30%).
- 100% attendance is necessary. Absences due to ill-health (or any other reason) must be made up and documentation (egg medical certificate) presented before a pass grade can be awarded.

### Readings and Resources

#### Required Textbooks

1. Dauber, Victor P. & Pangrazi, Robert P. Dynamic Physical Education for Elementary School Children. 13th Edition.
2. Pangrazi, R. and Darst, P. (1997) Dynamic Physical Education Curriculum for Secondary School Students. 3<sup>rd</sup> Edition. Allyn & Bacon.

#### Recommended Textbooks

1. Stephen A. Mitchell, Judith L. Oslin, Linda L. Griffin (2006). Teaching Sport Concepts and Skills-2nd Edition - A Tactical Games Approach, Human Kinetics ISBN: 0736054537.
2. Tinning, R., Kirk, D. and Evans, J. (1993) Learning to teach physical education. Sydney: Prentice Hall.