

Global Learning Semesters

Course Syllabus

Course: SPSC-320 First Aid/CPR

Department: Liberal Arts

Host Institution: Intercollege, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
SPSC-320	First Aid/CPR	3
Semester Offered	Contact Hours	Prerequisites
Please contact us	42-45	BIOL-105, BIOL-106, SPSC-240, SPSC-260
Department	Level of Course	Language of Instruction
Liberal Arts	Upper Division	English

Course Description

This course combines lectures, demonstrations and video with hands-on training and practice. It will provide an overview of emergency treatment of injuries and/or sudden illness in a variety of situations. It also presents methods of prevention to reduce or eliminate potentially dangerous situations. Major topics include medical legal liability, injury evaluation, and standard CPR and First Aid procedures.

Prerequisites

BIOL-105, BIOL-106, SPSC-240, SPSC-260

Topic Areas

1. Basic life support skills.
2. First aid care, including responsibilities, equipment needed and treatment.
3. First aid skills for wound care, including dressings and bandages.
4. Identify life-threatening bleeding and demonstrate how to control it.
5. Identify the signs and symptoms of shock and how to minimize its effects.
6. Identify the signs and symptoms of various soft tissue and musculoskeletal injuries and demonstrate how to care for them.
7. Identify signs and symptoms of sudden illness, including poisoning, bites and stings, heat and cold emergencies and demonstrate how to care for them.
8. Describe when and how to move a victim in emergency situations.

Learning Outcomes

By the end of this course students should be able to:

1. Administer mouth to mouth resuscitation and perform compressions of a victim (adult, child, infant) who is not breathing.
2. Perform first aid skills in bandaging, splinting, dressings, applying direct pressure, primary and secondary survey skills, and transportation.
3. List the proper care procedures for hemorrhaging, wounds, shock, head injuries, spine injuries, chest injuries, abdomen injuries, poisoning, drugs, diabetes, burns, and heat and cold emergencies.
4. List a variety of safety education programs for the home, school and community.

Assessment

Final Examinations:	(40%)
Practical Examination:	(50%)
Attendance/Participation:	(10%)

Readings and Resources

Required Textbooks

1. A Practical Guide for the Instructor of CPR and First Aid, Bowman, T. (2004).
2. First Aid, CPR and AED (2005), Fourth Edition, Jones and Bartlett Publishers.

Required CD

1. A Practical Guide for the Instructor of CPR and First Aid, Bowman, T. (2004).