

Global Learning Semesters

Course Syllabus

Course: SPSC-140 Pedagogy of Physical Education

Department: Liberal Arts

Host Institution: Intercollege, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
SPSC-140	Pedagogy of Physical Education	3
Semester Offered	Contact Hours	Prerequisites
Please contact us	42-45	None
Department	Level of Course	Language of Instruction
Liberal Arts	Lower Division	English

Course Description

The aim of the course is to examine effective pedagogical teaching in the context of schools, sports clubs and fitness classes. The course is designed to introduce the pedagogical skills for teaching educational games, rhythmic activities, and educational gymnastics for developmentally appropriate physical education programs, sporting clubs, physical activities and aerobic/fitness class programs. Students will also have to undertake practical sessions in instructing the various skills activities, basic gymnastics, rhythmic and creative movements.

Prerequisites

None

Topic Areas

1. Introduction to pedagogical gymnastic (history, objectives, benefits, role).
2. Teaching games for understanding.
3. The relationship between music, rhythm and pedagogical gymnastic (rhythms: 2/4, 4/4, 3/4, 8/8, 8/16 etc.).
4. Educational rhythmic activities.
5. Educational rhythmical games for children.
6. Educational pedagogical gymnastic activities.
7. Application of the role of music and rhythm in pedagogical gymnastic.
8. Applied pedagogy of sport and physical education.
9. The student will prepare and demonstrate two 10-minute micro-lessons from the following areas: rhythm gymnastic, music gymnastic, rhythmical game/sport, rhythm/dance etc.

Learning Outcomes

By the end of this half-theoretical and half-practical course students should be able to:

1. Understand the fundamentals of sport pedagogy.
2. Be familiar with the current literature in physical education pedagogy.
3. Understand the content of educational games, educational gymnastics, and educational rhythms.
4. Identify and demonstrate the major characteristics of mature walking, running, hopping, skipping, and jumping.
5. Know how to prepare rhythmical/musical gymnastic lesson plans.
6. Get an understanding of how to prepare physical education lessons plan.

7. Know how to teach/deliver/demonstrate physical activity lessons.
8. Demonstrate a variety of fundamental ball, rhythms, and gymnastic skills and give instruction to the class using appropriate teaching techniques.
9. Describe ways to use the body and movement activities to communicate ideas and feelings.

Assessment

Midterm Examination:	(25%)
Two Mini Practical Examinations:	(25%)
Final Examination:	(40%)
Attendance/Participation:	(10%)

Readings and Resources

Required Textbooks

1. Graham, G., Holt/Hale, S.A., & Parker, M. (2001). Children Moving: A reflective approach to teaching physical education, (5th Ed.). Mountain View, CA: Mayfield Publishing Co.
2. Tinning, R., Kirk, D. and Evans, J. (1993) Learning to teach physical education. Sydney: Prentice Hall.