

# Global Learning Semesters

## Course Syllabus

Course: SPSC-114 Tennis

Department: Liberal Arts

Host Institution: Intercollege, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
SPSC-114	Tennis	2
Semester Offered	Contact Hours	Prerequisites
Please contact us	42-45	None
Department	Level of Course	Language of Instruction
Liberal Arts	Lower Division	English

### Course Description

This course is a study of the basic skills and knowledge of tennis in an attempt to prepare the student to develop better personal skills levels through regular practice and be able to learn how to teach these basic tennis skills to the elementary and secondary education children as well as to the general population. Basic presentation of the game of tennis, its background, development, rules, strategies for competition, and terminology will be discussed. Fundamental principles of techniques of tennis such as forehand, backhand, service, and smashing will be delivered and the technique of teaching these skills will be demonstrated.

### Prerequisites

None

### Topic Areas

1. History of tennis.
2. Terminology, equipment and safety
3. Warm-up and stretching exercises
4. Field and material knowledge.
5. Ball and Racquet exercises for hand-eye-body coordination.
6. Teaching and learning forehand, backhand.
7. Basic elements of stroking: forehands, backhands
8. Teaching and learning methods of service.
9. Teaching and learning methods of smash-lob, exercises.
10. Net Play - offensive, aggressive tennis
11. Teaching and learning methods of vole, exercises.
12. Rule, referee and general knowledge about tournaments, practicing.
13. Tennis strategies
14. Organization of tournaments among students.
15. General condition and tennis power development knowledge

### Learning Outcomes

By the end of this course students should be able to:

1. Demonstrate an understanding of the historical background of the game of tennis.

2. Demonstrate/develop an appreciation, understanding, competency level, and teaching cues for various skills associated with the game of tennis through practice in and outside of class.
3. Demonstrate an acceptable understanding of the rules, terminology and strategies involved in the game of tennis.
4. Develop an understanding of the concepts, teaching techniques and skill analysis involved in instruction of beginning tennis.
5. Demonstrate an understanding of sequential skills and drills to be used in tennis instruction.

#### Assessment

Midterm Examination-Theory:	(25%)
Final Examination-Practice:	(65%)
Mini Essay 1000words:	(10%)
Attendance/Participation:	(10%)

### Readings and Resources

#### Required Textbooks

Schmottlach, N. & McManama, Jerre. (1997). Physical Education Handbook, 9th Ed. Allyn & Bacon.