

Global Learning Semesters

Course Syllabus

Course: CUL-113 Food Hygiene and Work Safety

Department: Hospitality and Tourism

Host Institution: Intercollege, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
CUL-113	Food Hygiene and Work Safety	2
Semester Offered	Contact Hours	Prerequisites
Please contact us	42-45	None
Department	Level of Course	Language of Instruction
Hospitality and Tourism	Lower Division	English

Course Description

In this introductory course, the student will be able to maintain safety procedures in accordance with relevant legislation and organizational policy, so as to ensure the health, safety and security of workers, customers and members of the public. The causes of ill health resulting from failure to exercise sound hygiene principles, are also explored, leading to a healthy positive attitude. The student will learn the good hygiene practices that must be carried out while handling food. Ways of avoiding food poisoning will also be covered as well as the basic principles of food safety in a professional working environment.

Prerequisites

None

Topic Areas

1. Introduction to food hygiene: relevant legislation
2. Food micro-organisms: pathogens
3. Food hazards and food poisoning
4. Personal hygiene
5. Food receiving, storage, preparing and serving
6. Kitchen layout and new equipment and materials
7. The importance of cleaning and disinfection
8. Pest control
9. Health and safety: relevant legislation, employer's and employee's obligations
10. Avoiding accidents at work
11. Fire precautions
12. Safe usage of equipment
13. Intro to HACCP

Readings and Resources

Required Textbook

- G. Roberts-Phelps, Safety at Work (ISBN: 0566080672)
- B. C. Hobbs and R. J. Gilbert, Food Poisoning & Food Hygiene

Recommended Reading

- J. Fuller, Professional Kitchen Management.
- Kinton and Ceserani & Foskett, Hedder & Stoughton, The Theory of Catering, 9th edition, (ISBN 0-340-72512-5)
- G. Roberts-Phelps, Fire Safety (ISBN:0566080591)
- J. Tricket, The Prevention of Food Poisoning.