

Global Learning Semesters

Course Syllabus

Course: CATR-210E Food and Culture

Department: Hospitality and Tourism

Host Institution: Intercollege, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
CATR-210E	Food and Culture	3
Semester Offered	Contact Hours	Prerequisites
Please contact us	42-45	Sophomore Standing
Department	Level of Course	Language of Instruction
Hospitality and Tourism	Lower Division	English

Course Description

The students will study the relationship between food and culture focusing on the cultural rules of food consumption. Issues to be investigated will include food and religion gender, folklore, life-cycle rituals. Students will engage in an in-depth social scientific analysis of the role of food in the human experience

Prerequisites

Sophomore Standing

Topic Areas

1. Cultural Foods
2. Introduction to History, Geography and Culture
3. Food and Religion
4. Gender and Cultural heritage
5. Regions and Community
6. Current Demographics and Socioeconomic Status
7. Gastronomic choices
8. Traditional Food Habits
9. Nutritional and Cultural Considerations
10. The Nation's diet
11. Contemporary Food Habits
12. Globalization
13. Foreign Influence
14. Intercultural Communication in the foodservice work place
15. Term project

Readings and Resources

Required Textbook

- P. Goyan Kittlen and K. P. Sucker "Cultural Foods" (ISBN 0-534-57339-8)
- Lecturer's notes

Recommended Reading

- Ethnic and Regional Food – ways in the United States, (ISBN 00295)
- S. Williams, Savory suppers Fashionable Feasts, (ISBN 0-87049-912-2)
- T.C. Humphrey and L. T. Humphrey, We Gather Together: Food and Festival in American Life, (ISBN 0-8357-2000-40)
- J. M. Russ, German Festivals and Customs, (ISBN 0-85496-3650).
- R. Wood (1995), The Sociology of the Meal, Edinburgh.
- T. Whitehead (1984), Socio-cultural dynamics and food habits in a Southern community.
- D. Bell and G. Valentine, Consuming Geographies, (ISBN 0-415-13768-3)
- Logue, Psychology of Eating & Drink, (ISBN 0-716-72197-X)